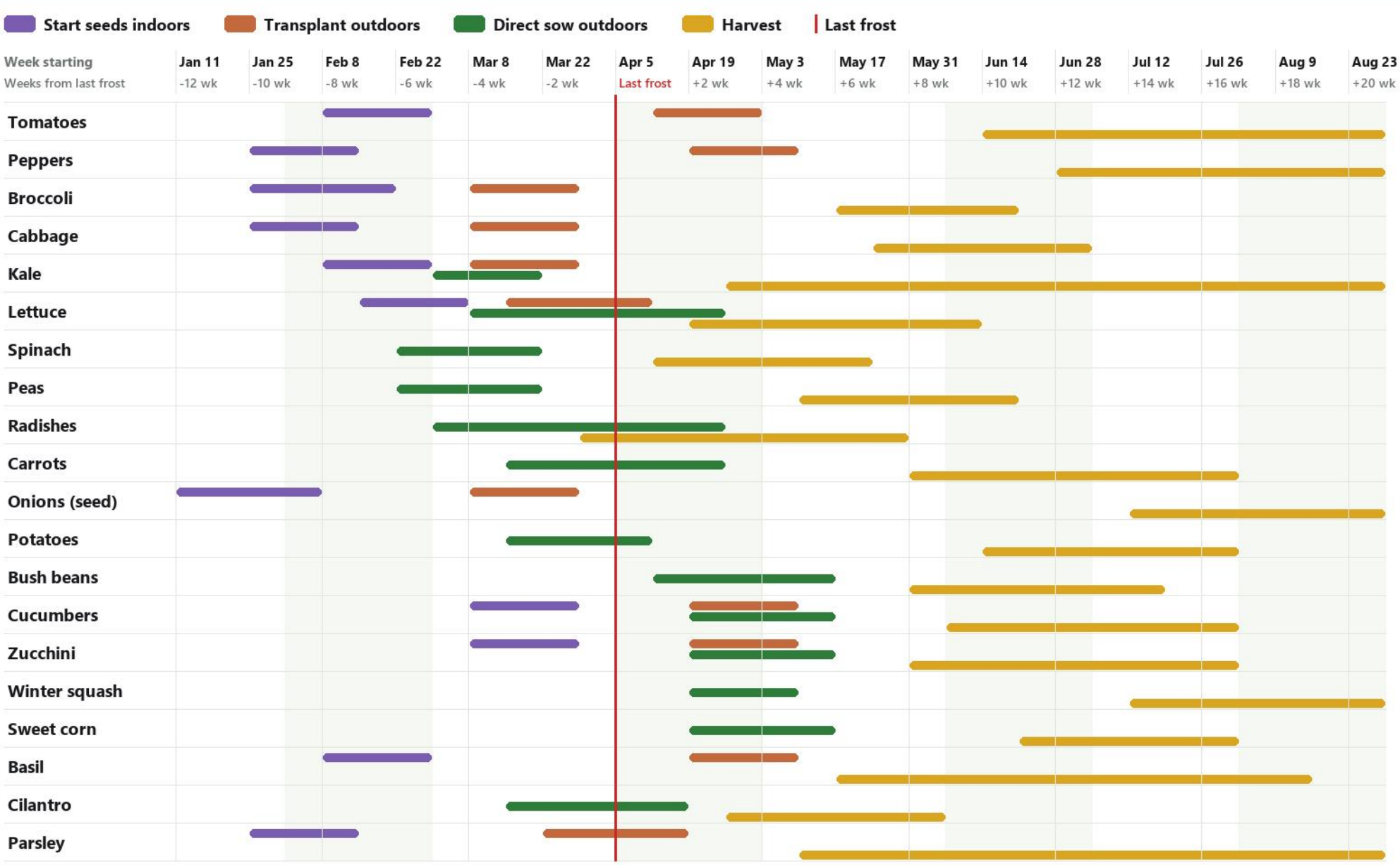
Zone 7 Planting Calendar

USDA ZONE 7

Typical last spring frost: around Apr 5 (late March to mid April). Every bar is counted from that date.



Frost dates are averages. Check your local date: look up your ZIP code at almanac.com/gardening/frostdates or ask your county extension office.

Long season: plant a second round of cool-season crops (lettuce, kale, broccoli) in late summer for fall.